



# ARCTIC Gym

Interactive Fitness and Gaming Mat

## Main Features

- Over 80 exercises and games
- Features 2 players dancing mode
- 32-bit high 3D resolution



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Interactive Fitness and Gaming Mat

## Workout, loose weight, and have fun while doing it.

Includes over 80 pre-programmed fitness games which were developed by professional athletes and personal trainers. Keep yourself motivated to workout.

### Dancing Games

Join the dance craze from selecting any of the built in songs to practice your dexterity, mental agility and speed.

### Athletic Games

Get off the couch and compete in a virtual decathlon. Break the record and make it to the top of the podium.

### Fitness Workouts

Choose any pre-set fitness programs from yoga postures, muscle workout exercises and aerobic steps that fit your body fitness condition.

### Jogging

Select your own distance of jogging/cross country programs to boost your BMR and burn more calories.

### Fun Games

Includes games such as basketball, bowling, hitting mice and highway racing and more. Bring the arcade action to your home.



Plug and play, no other system needed



Packaging: paper box

